



# JR. OLYMPIC VAULT VALUES FOR LEVEL 9

(Effective August 1, 2009 - July 31, 2013)

GROUP I HANDSPRINGS, YAMASHITAS	GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD	GROUP III TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN	GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN	GROUP V Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN		
1.101 Handspring 8.6		<p><i>Note for the J.O. Program:</i> All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight</p>	4.101 RO,FF on – Repulsion off 7.5	5.101 RO,FF ½ on – Hndspg off 8.9		
1.102 Hndspring- ½ 8.7			4.102 RO,FF on – Repulsion ½ off <b>7.7</b>			
1.103 Yamashita 8.6						
1.104 Yami - ½ 8.7						
1.105 ¼ - ½ on - 8.7 ¾ - ½ off						
1.106 ¼ - ½ on – Repulsion off 6.8			3.201 Tsukahara Tuck <b>9.6</b>		4.201 RO,FF on - Back Tuck <b>9.6</b>	5.201 RO,FF ½ on - 1/1 twist off 9.2 5.202 RO,FF ½ on - 1½ twist off 9.4
1.201 Hsp - 1/1 9.0						
1.202 Hsp - 1½ 9.4						
1.204 Yami - 1/1 9.0	2.301 Hsp - Front Tuck <b>10.0</b>		3.302 Tsuk Tuck 1/1 <b>10.0</b>		4.302 RO,FF on - B. Tuck 1/1 <b>10.0</b>	5.307 RO,FF 1/1 on - 1/1 twist off 9.3
1.205 ¼ - ½ on - 8.9 1¼-1/1 off	2.302 Hsp - Front Tuck ½ <b>10.0</b>		3.303 Tsuk Pike <b>9.7</b>		4.304 RO,FF on - B. Pike <b>9.7</b>	
1.206 ¼ - ½ on - 9.3 1¾ -1½ off	2.304 Hsp - Front Pike <b>10.0</b>	3.304 Tsuk layout <b>10.0</b>	4.305 RO,FF on - B. Layout <b>10.0</b>			
1.207 1/1 on - H/Y 9.0	2.310 Fr. Hndsp onto board, Hsp. – Fr. Tuck (Ilg) <b>10.0</b>	3.306 ¼-½ on - ¾-½ off, Fr. Tuck or ¼ on - ¼ off, Fr. Tuck (land facing out) or Tsuk tuck ½	4.307 RO,FF on - ½ off, Fr. Tuck <b>or</b> RO,FF on - B. Tuck ½ <b>9.9</b>			
1.208 1/1 on - ½ off 9.3	2.311 Fr. Hndsp onto board, Hsp. – Fr. Pike (Garbarino) <b>10.0</b>		4.312 RO,FF on - 1/1 twist off 9.1			
			4.313 RO,FF on - 1½ twist off 9.3 (Allen)			
1.301 Hsp - 2/1 <b>9.9</b>			4.412 RO,FF on - 2/1 twist off <b>9.8</b> (Allen)	5.420 RO,FF ½ on - 2/1 twist off <b>9.9</b>		
1.305 ¼ - ½ on - <b>9.8</b> 2¼ - 2/1 off						
1.307 1/1 on - 1/1 <b>9.7</b>		3.509 ¼-½ on - ¾-½ off, Fr. Tuck ½ (Shible) <b>10.0</b>	4.607 RO, FF on - ½ turn off, Fr. Tuck ½ (Beckman) <b>10.0</b>			

Change in vault value from the 2005-09 cycle indicated by bold font